

Putter Day 2019

A Day Dedicated to Doing.

by Pete Fasciano, Executive Director 12/30/2018

1-1-2019. What will I do on Putter Day? Not sure, but I will do something.
Putter Day is my start to the New Year.
Doing - is what Putter Day is all about.

Among many works by famed Harvard futurist Buckminster Fuller- a small book written later in his career: "*I Seem to Be a Verb*". His premise was simple. Fuller described mankind as a 'doing' creature. We are defined by our verbs - by our activities, pursuits and achievements.

We are happiest when we live not in a static place, but at some rate of progress. We are always seeking to advance. The faster we progress, the happier we are. Whenever we achieve a goal - a plateau, we momentarily celebrate, but then we realize that there's still more.

We wonder, "Okay, what's next?"; and we move on.

It begs the question: if you are not in motion, then what are you? Life is inherently an urgent thing. Learn to appreciate it that way. Puttering is merely that relaxed resting state for those of us who enjoy living in motion.

When we first take in this great big world, everything is novel and wondrous through our child's eye. Every day is filled with wonder and fascinating things to discover. As we mature and age, the world can become all too familiar and increasingly ordinary. We can become comfortable with the familiar; complacent with our station and circumstance. Puttering keeps that little kid in you curious, and helps you answer that recurring question, "Okay, what's next?"

May you enjoy the pleasurable pursuits of Putter Day.

And, thanks for watching!



Copyright, 2018, FCCA, Inc. & the author. All rights reserved.



謹賀新年

We Are Resolved

And so it begins. And so it breaks.

By Pete Fasciano, Executive Director 01/06/2019

For those of us who pledge with all good intent to become better somehow through the coming year and beyond, I offer this insight. Most resolutions involve making a lifestyle change. This just ain't easy *all at once*. Therein lies the secret (all at once). Don't do that. 'All at once' is the recipe for certain lifestyle failure. Our initial enthusiasm is good, but we break resolutions without a careful, cautious approach. Resolutions do not break. What breaks is our commitment.

My success in keeping my New Year's Resolution to slim down over ten years ago was in understanding and accepting that I didn't have to do it 'all at once'. I made a resolution to diet - every Monday. Just on Mondays. Six or so weeks later I added Wednesdays. Then, later still, I added Fridays. It was gradual. It was do-able.

Mondays became a trigger to develop a new habit that over time became ingrained. I am still doing it - because it's my new lifestyle. I embraced it in planned stages.

If I failed on a given Monday or Wednesday, no biggie. I got another shot at it the following week. Fall down. Get up again. Try again.

This approach is all about how to introduce change for the better over time. It can work for many lifestyle goals.

We discuss this notion of resolutions on *The Senior Story Hour* all this month on Franklin Public Radio, wfpr•fm, 102.9. See our radio program listings for times.

There were other good resolution suggestions that I really liked. Carol resolved to work on being kinder, more considerate and attentive of others. That's a good one. I think I'll try to do the same.

In the meantime - if you made a resolution, and especially if you have already 'broken' it - no problem. Again - resolutions don't break. They are resilient things. You should be as well. If you dropped one, just pick it up again on Monday - and every Monday thereafter.

That's why I love Monday.

And - as always -

Thank you for listening to wfpr•fm.

And, thank you for watching.

Copyright, 2019, FCCA, Inc. & the author. All rights reserved.

Our Community Access
FranklinTV

Horizontal Diet?

A different take on diet and time.

By Pete Fasciano, Executive Director 01/13/2019

Am I referring to dieting while lying down? Although it might be enticing – nope.

As I've oft stated in the past, dieting all at once is not easy. Few of us can muster the unshakable will to just *throw the switch* – to take up that daunting, nonstop 24/7 challenge without wavering. Not gonna happen.

My notion of dieting on a given day – Monday – lets you switch it on-and-off. This is the embrace of a new beneficial habit that becomes a life skill – and a lifestyle.

It's not a diet. It's a dieting technique – a tool.

Horizontal dieting can be another useful tool. Consider that we are all creatures of habit. From the moment we rise, many aspects of our day are governed by our daily schedule, which shapes our routine and ultimately, our habits.

The rhythm of the day is fraught with food triggers as learned behaviors. Habits. The big concept of horizontal dieting is to time-slice your day, and *wall off* a couple of hours where you avoid the usual – that coffee with light cream – the morning or afternoon snack – the night grazing after dinner – it all adds up. Eliminating that optional food intake for just 2 to 4 hours in each day can make a difference.

| January 2019 | | | | | | |
|--------------|---------|-----------|----------|--------|----------|--------|
| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| 31 | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |

If you consider Monday as a vertical slice of your weekly calendar dedicated to weight loss, then also horizontally time-slicing a small part of every day offers another good opportunity for rhythmically forming a new dietary habit.

Horizontal diet?

It's not really a diet. It's a dieting technique – a tool.

We have lots of diets to choose from. Given the will, most of them can work. What we need are easy-to-exercise strategies for success. We need the tools.

And – as always –

Thank you for listening to wfpr.fm.

And, thank you for watching.

Copyright, 2019, FCCA, Inc. & the author. All rights reserved.

Our Community Access
FranklinTV

Sandhya

She returns with some new delicious episodes.
By Pete Fasciano, Executive Director 01/20/2019

Last week I wrote about dieting. This week – food. How cruel am I? (Don't answer.)



Our dear Sandhya is back in the Franklin•TV kitchen with three new yummy recipes and tips upcoming in the weeks ahead.

Soooo – what's in store? (Wait for it . . .)

Macaroons. (Ooh!) Eclairs. (Aah!) Pasta. (Mmm!)

While we are editing these shows you can see Sandhya all this week at 12:30 as she prepares a perfect pesto.

(Say this five times fast.)

“Macaroons, eclairs, and pasta. Oh, my.”

Then tune in.

And – as always –

Thank you for listening to wfpr.fm.

And, thank you for watching.

Copyright, 2019, FCCA, Inc. & the author. All rights reserved.



Our Community Access
FranklinTV

TOPS Club

Take Off Pounds Sensibly.

By Pete Fasciano, Executive Director 01/27/2019

Last week I wrote about food. This week - dieting. How cruel am I? (Don't answer.)



TOPS (Take Off Pounds Sensibly) is the short name for TOPS Club, Inc., the original *nonprofit network* dedicated to weight-loss support and wellness education. TOPS offers tools and programs for healthy living and weight management with exceptional group support. Established in 1948 to champion weight-loss success, TOPS has helped millions of people live healthier lives. Weekly meetings include private weigh-ins and supportive programs, featuring up-to-date information on nutrition, exercise and healthy lifestyles along with positive reinforcement and motivation to help you adhere to food and exercise programs.

Now is not the time to give up. Visit their website: tops.org.
There's a TOPS chapter right here in Franklin.

The Franklin Senior Center
(TOPS MA 9463)
Meeting: Fridays, at 11:30 AM

Your New Year's resolution thanks you.

And - as always -
Thank you for listening to wfpr.fm.
And, thank you for watching.

Copyright, 2019, FCCA, Inc. & the author. All rights reserved.

Our Community Access
FranklinTV

Senior Connections

A Newsletter Takes to the Airwaves.

By Pete Fasciano, Executive Director 02/03/2019



THE FRANKLIN Connection

Franklin Senior Center's Monthly Newsletter

Starting this month on wfpr.fm, a new program for seniors. We are bringing the Franklin Senior Center's newsletter to the airwaves. It's another good way to learn about the Center's available services and upcoming events.

We invited Karen Alves, Executive Director, and Maggie Gunderson, Social Services Coordinator to our radio studios to review the Center's plans for the month ahead.

This month we also discuss GATRA, and the current status of their rate hikes for seniors.

If

GATRA RATE HIKES START THIS MONTH



you wish to receive the newsletter by mail, just call the Senior Center. It's also available online at the Town's website:

<https://www.franklinma.gov/franklin-senior-center/pages/franklin-connection-newsletter>

Or, just listen and learn - Fridays on wfpr.fm.

And - as always -

Thank you for listening to wfpr.fm.

And, thank you for watching.

Copyright, 2019, FCCA, Inc. & the author. All rights reserved.

Common Grounds

Café

Breakfast 8:30-10AM

Lunch 11:30-1:00PM



OPEN DAILY FOR BREAKFAST & LUNCH

Our Community Access

FranklinTV

wfpr•fm – a New Schedule

We've added programs and fine-tuned our music.

By Pete Fasciano, Executive Director 02/10/2019



We've spent the past year organizing and rummaging through our extensive music library to unearth some of the good stuff – the lost songs – the entertainingly offbeat and the nostalgic – and more.

We've also greatly expanded our playlist with some great starlight and swing, along with lots of jazz in all its forms.

Along with our musical research for serving up 'All that Jazz' with Diane Joyce we've revamped our programming schedule a bit. New all this month – the Senior Center now brings its Connections Newsletter to the airwaves.

Every Wednesday, Thursday, Friday at 11a, 2p and 8p its programming for seniors – the Newsletter on Wednesday, Stella Jeon's Senior Circle on Thursday, and The Scribblers Group, with Senior Story Hour on Friday.

As of Groundhog Day (our radio birthday) we've just gone past the two-year mark. If there's one thing that has surprised us – it's the phone calls. Every week or two someone calls – just to say, "Thank you."

I listen in the car – enjoy what you're playing.

I have you on in the evenings when I go to bed.

Every phone call and email means a lot.

And – as always –

Thank you for listening to wfpr•fm.

And, thank you for watching.

Copyright, 2019, FCCA, Inc. & the author. All rights reserved.



Our weekly wfpr•fm program schedule lists interviews and musical programs of interest hosted by Franklin residents. Our current slate of programs runs Wednesday, Thursday and Friday. Programs repeat at 9am, Noon, and 6pm, and Saturdays, starting at 9am.



On Deck this week:

Week of 02/10/2019

Wednesday:

9:00a/12:00p/6:00p

It Takes a Village - Dr. Anne K. Bergen

Raising resilient children and modern education

10:00a/1:00p/7:00p

The Wonderful World of Wine - Mark Lenzi, Kim Simone

All about wine, its culture, lore and finer points

11:00a/2:00p/8:00p

The Senior Center Newsletter

A review of their services and monthly events.

Thursday:

9:00a/12:00p/6:00p

The Tabernacle Choir

from Salt Lake City

10:00a/1:00p/7:00p

Frank's Music - Frank Falvey

Frank explores a range of music genres and artists

11:00a/2:00p/8:00p

Senior Circle, Stella Jeon / **Senior Connection**, Nan Rafter

All about the Senior Center and Senior Issues

Friday:

9:00a/12:00p/6:00p

Chapters - Jim Derick

Insightful, life-affirming stories and interviews

10:00a/1:00p/7:00p

Music to Lift the Spirit - Jim Derick & Frank Falvey

An hour of uplifting music for all.

11:00a/2:00p/8:00pm

Senior Story Hour - Senior Center Scribblers Group

Original short stories presented by the authors.

Saturday:

All shows above run hourly, beginning at 9am.

Sunday:

11:00a

Music to Lift the Spirit - Jim Derick & Frank Falvey

An hour of uplifting music for all.

Weekdays:

3:00p

Music of the Swingin' Big Band Era

4:00p

Starlight Songs from the Great American Songbook

Listen each week on 102.9 fm, and on our website, wfpr•fm as we bring more of our community - to community radio.

Jobs! Jobs! Jobs!

There are jobs right here in Franklin.

By Pete Fasciano, Executive Director 02/17/2019

The economy can be boom or bust, but your *personaleconomy* is boom or bust based on whether you have a job – or not.

Job = boom. No job = bust. It's how the economy feels to each and every one of us. Better still; how about a good job – right here in Franklin?

The town posts all available positions at the municipal building. You can also check out the human resources department online at the town website, www.franklinma.gov for currently open positions. There, you can also subscribe to receive the latest job postings by email. Jobs – automatically in your In Box. Jobs happen.

Know anyone in Franklin who needs a job? You can help. Spread the word.

We also post all the latest job openings on our government channel.

Franklin is a wonderful place to live. All the better when it's also a wonderful place to work. We also just hired a Franklin resident as a video specialist – and we're thrilled. Do you know all about digital video production? Call us.

And – as always –

Thank you for listening to wfpr.fm.

And, thank you for watching.

Copyright, 2019, FCCA, Inc. & the author. All rights reserved.

P.S.

If there's one thing we all understand, when it comes to our personal economy, especially here in Franklin – it's all about the Benjamins.



Jobs **Open Positions**
Firefighter/Paramedics

- The Town of Franklin's Fire Department is in the Massachusetts Civil Service system.
- If you are currently a Firefighter/Paramedic in a Civil Service community, send a resume and cover letter to: apply@franklinma.gov
- Please note: You must have paramedic certification and complete an Associate's Degree within 5 years of the date of hire.



Jobs **Open Positions**
Town Electrician

Journeyman Electrician – Full-time.
Weekdays, 6:30am to 3:00pm, and respond to emergencies as needed.
Hourly rate with benefits.



 **Open Positions**
Part Time Custodians

Requirements:
Must perform heavy manual labor, move or lift 50 lbs. unassisted, climb ladders, endure repetitive motion.
Must pass criminal records check.

Franklin
Our Community Access

Franklin TV

 **Open Positions**
To Apply for All Positions
Full descriptions posted at the Municipal Bldg.

Send Cover Letter & Resume:
Human Resources
355 East Central St.
Franklin, MA 02038

Or send email:
apply@franklin.ma.us



February Doldrums!

Feb-roo-air-ee - Feb you-air-ee - What-ever.
By Pete Fasciano, Executive Director 02/24/2019

Feb - a half-way, half-hearted month. It's half-way between *The Holidays* and Spring. February's so-called 'holidays' are - spurious.

Groundhog Day? Puh-leeze.

The Superbowl!

Admittedly, this year Feb was kind to us. A warm celebration. I'll give it that.

The Hallmark half-way-holiday for St. Valentine?

Folks express half-hearted obligatory affections.

Then there's Presidents Day. (Wanna buy a car?)

Feb was named after the Latin, februum, purification. A time for purification. The Old English - Solmonath - mud month - is more aptly descriptive.

Feb can have days not for the faint of heart. It carries the dread of meteorological risk. The weather gods are bowling, and we are the pins. Storms roll across the map - toward us. Is this The One?

Thus, February overstays a welcome that was never offered.

Perhaps it finally takes the hint and leaves a couple of days sooner.

Of all the months, February is the smallest in stature.

At 28 days, it's the calendar's 'short person'.

Actually, a small saving grace - small pun intended.

As March rolls by there are some mild flashes of chronological déjà vu as the days land on the same dates.

I thought about waxing poetic about February. But, in rhyme, the first words that came to mind - January - and wary. No matter how you try to dress it up, it's still February.

Be not of faint heart. Before this week is out we will trade Feb in for March, a more optimistic month that offers a smattering of Spring's promise.

And - as always -

Thank you for listening to wfpr.fm.

And, thank you for watching.

Copyright, 2019, FCCA, Inc. & the author. All rights reserved.

Our Community Access
FranklinTV

Audacity!

A digital free lunch.

By Pete Fasciano, Executive Director 03/03/2019

They say there's no such thing as a free lunch. If someone offers to feed you, then you'll have to endure their pitch for financial services or a timeshare or whatever. They own you from the salad, chicken and peas all the way to coffee and dessert. However, on the internet there actually are opportunities for free digital stuff, and sometimes that digital stuff is actually quite useful and valuable.

I'm talking about Audacity. If you are familiar with Microsoft Word, and its ability to edit, rearrange and move words and paragraphs around like furniture, then you can imagine what Audacity does for voice and music. Audacity is audio recording and editing software. It works brilliantly and it's *ab-so-loot-lee* free.

Audacity works on any computer - Apple OS, Windows and Linux systems. Their website is: <https://www.audacityteam.org/>

You can download and install it - for free - no strings attached whatsoever. Their website also includes instructions and tutorials on how to get the most out of it.

How good is Audacity? Our radio station runs on it. Every announcement and program that you hear on wfpr.fm was recorded and edited using Audacity. It's the go-to, essential tool of our trade. Did I mention the free part? It's totally free. Download it. Play with it. We can also teach you how it works. Just call us.

Okay - what's the catch? Why would we teach you how Audacity works? Simple. As a community media center, it's what we do - and what we do is also free.

So, if you have a smattering of computing skills, and like to dabble creatively with voice and music, Audacity is for you. We are, too.

You're also welcome to 'sit in' and observe how our volunteers work whenever they are producing their radio shows in the studio. They love the company. You'll learn; have some fun, and there's no hard sell. You are under no obligation whatsoever.

Call us at 508-528-9377. That's 508-528-wfpr. Coffee's always on. Stop by.

And - as always -

Thank you for listening to wfpr.fm.

And, thank you for watching.

Copyright, 2019, FCCA, Inc. & the author. All rights reserved.

Our Community Access
FranklinTV

Weekend Radio!

Yes, we have some. It's all good.

By Pete Fasciano, Executive Director 03/10/2019

Weekend radio is big. We've been fine-tuning our weekend radio programming. It's a reprise of all our weekday shows that some folks don't get to hear at work. Here's what's up for the weekend on the air on 102.9 and online at wfpr.fm.

Saturday:

- 9:00a **It Takes a Village** - Dr. Anne K. Bergen
Raising resilient children and modern education
- 10:00a **Frank's Music** - Frank Falvey
Frank explores a range of music genres and artists
- 11:00a **Music to Lift the Spirit** - Jim Derick & Frank Falvey
An hour of uplifting music for all
- 12:00p **The Tabernacle Choir**
from Salt Lake City
- 1:00p **The Wonderful World of Wine** - Mark Lenzi, Kim Simone
All about wine, its culture, lore and finer points
- 2:00p **Chapters** - Jim Derick
Insightful, life-affirming stories and interviews
- 3:00p **The Senior Center Newsletter**
A review of their services and upcoming monthly events
- 4:00p **Senior Story Hour** - Senior Center Scribblers Group
Original short stories presented by the authors
- 5:00p **Senior Circle**, Stella Jeon/ **Senior Connection**, Nan Rafter
All about the Senior Center and Senior Issues

Sunday:

- 9:00a **The Tabernacle Choir**
from Salt Lake City
- 10:00a **Music to Lift the Spirit** - Jim Derick & Frank Falvey
An hour of uplifting music for all
- 11:00a **Frank's Music** - Frank Falvey
Frank explores a range of music genres and artists
- 1:00p **Music to Lift the Spirit** - Jim Derick & Frank Falvey
An hour of uplifting music for all

Questions? Call us at 508-528-9377. That's 508-528-wfpr.

And - as always -

Thank you for listening to wfpr.fm.

And, thank you for watching.

Copyright, 2019, FCCA, Inc. & the author. All rights reserved.

Our Community Access
FranklinTV

Supersize Me!

This is big! Really big!

By Pete Fasciano, Executive Director 03/17/2019

When something works out really really well – well – you do it again. Yes, we did.



Our large studio is being fitted with 6 massive 75-inch TV screens. Given all the virtual sets we've created in our smaller studio over the past three years, and the lower cost of seriously big screens, it just made sense. Now we can move our virtual sets to either room – on a thumb drive. Yessss! I think I can lift that.

We've also 'tuned up' our larger studio with a full 16 track audio recording system. We'll be jammin' in the 'big room' this summer. The big installation is proceeding apace and our test flight for the room is planned for month's end.

Go big or go home. We went big.

And – as always –

Thank you for listening to wfpr.fm.

And, thank you for watching.

Copyright, 2019, FCCA, Inc. & the author. All rights reserved.



Our Community Access
FranklinTV

Spring Sprang!

Even after a mild-ish Winter - Yesss!

By Pete Fasciano, Executive Director 03/24/2019

After FEB, we are fie - nah - lee arriving at what I embrace as the most optimistic time o' the year. Spring! The equinox has, uh- noxxed? (Wednesday, 5:58pm to be precise). Days are getting longer, lighter, warmer. The Earth is waking from a long hibernation, and it's all getting good now. My cup of optimism runneth over with anticipation of all that we can do in the warmer months ahead. What does Spring feel like? There are others who sum it more elegantly than I. To help you find that feeling of Spring, here are some of their more notable quotables. Enjoy!

Behold, my friends, the spring is come; the Earth has gladly received the embraces of the sun, and we shall soon see the results of their love!

- Sitting Bull

In winter, I plot and plan. In spring, I move.

- Henry Rollins

Spring won't let me stay in this house any longer!
I must get out and breathe the air deeply again.

- Gustav Mahler

Spring is God's way of saying, 'One more time!'

- Robert Orben

Every spring is the only spring, a perpetual astonishment.

- Ellis Peters

Spring being a tough act to follow, God created June.

- Al Bernstein

Spring is nature's way of saying, 'Let's Party!'

- Robin Williams

Spring hugged me today. My world is momentarily perfected.

- Pete Fasciano

And - as always -

Thank you for listening to wfpr.fm.

And, thank you for watching.

Copyright, 2019, FCCA, Inc. & the author. All rights reserved.

Our Community Access
FranklinTV

Studio Shakedown!

Time for a Test Drive!

By Pete Fasciano, Executive Director 03/31/2019

Throughout the past year we've been amping up our larger studio – adding more capabilities and options. Recently, we installed 6 seventy-five-inch displays. That's a lot of visual splash in the background. We've also expanded our ability to send camera signals in many directions; expanding our signal connectivity.



The result is visually lush. Pix of our recent studio test. This is a seven camera layout.



Detail cameras are connected to the background displays.





Up to eight studio cameras are then connected to the video control room. Recording music is no less complex. It takes at least seven microphones to record drums properly. Our 16 channel audio system is more than capable. All-in-all, our full studio test is a success.

And- as always -

Thank you for listening to wfpr.fm.

And, thank you for watching.

Copyright, 2019, FCCA, Inc. & the author. All rights reserved.



Our Community Access
FranklinTV

Studio Shakedown! Part 2

Adding the Set Elements!

By Pete Fasciano, Executive Director 04/07/2019



Recently, we installed six seventy-five-inch displays in our larger studio. Same setup for the background graphics as our smaller studio. That's a lot of visual splash. Now we will integrate the displays in a set design that makes them look like large windows onto the world. Our next program? *Late Night New England.*



We're preparing g the studio for a not-so-late-night talk and variety show starring crazy talented Michael Petit as host. The show will feature Michael's comedy, along with local musicians and recurring notables in a familiar late-night show format.

It's our most ambitious project to date, but we are more than up to the task. Our first studio session is this week. As they say (or used to say) - Stay Tuned!

And - as always -

Thank you for listening to wfpr.fm.

And, thank you for watching.

Copyright, 2019, FCCA, Inc. & the author. All rights reserved.

Our Community Access
FranklinTV

Studio Shakedown! Part 3

It's Showtime!

By Pete Fasciano, Executive Director 04/14/2019



Late Night New England

Above, LNNE's host and funnyman Michael Petit welcomes Representative Jeff Roy to the show for a chat and an impromptu opportunity to strut his smokin' guitar chops.

Right: Sidekick Jim Derick and Michael - always mugging for the camera. (It's what they do.)

We captured the moment. (It's what we do.)

The laffs are on in 2 weeks. (It's what you'll do.)

And - as always -

Thank you for listening to wfpr.fm.

And, thank you for watching.

Copyright, 2019, FCCA, Inc. & the author. All rights reserved.



Lily - Living Out Loud!

That's exactly what they're doing!

By Pete Fasciano, Executive Director 04/21/2019



Living Out Loud - Cryoathletic Therapy

In our upcoming episode of Living Out Loud, Lily and friends learn all about the healing benefits of muscle cryotherapy. This is a kids' show?

Yes, it is. And yes, the kids are alright. In fact, they are better than alright. They are at the leading edge of leadership. Why? Because while others might think about trying it someday, they are doing it - now. They are not merely letting media happen to them. They are making media. They are making their own mark on life. That's what we do at Franklin•TV. That's our thing.

So, what are Lily and friends learning?

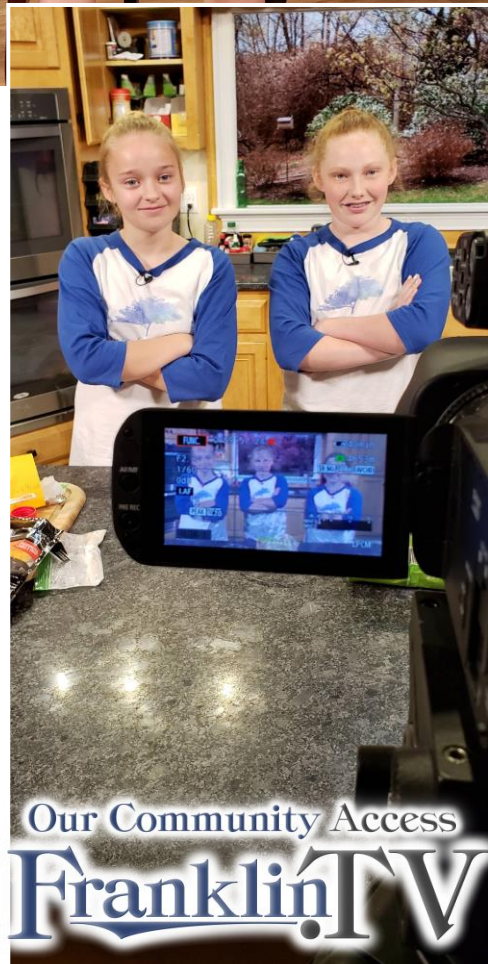
That confidence lies in the doing of the thing.

And - as always -

Thank you for listening to wfpr.fm.

And, thank you for watching.

Copyright, 2019, FCCA, Inc. & the author. All rights reserved.



Radio Studio Two!

Big Doings with our Writers!

By Pete Fasciano, Executive Director 04/28/2019

Welcome to Radio Two. Yes, it looks empty, but it's not.



This week we filled it with stories. Lots of 'em. Our Senior Center Writers Group gathered once again for our monthly foray of fun, factoids, fiction and fantasy. Our group has been growing, and we might soon outgrow this studio. That's okay. We have even larger ones. There's plenty of room for you. Join us. Tell your stories.

Call the Senior Center and become part of the fun. 508-520-4945.

And - as always -

Thank you for listening to wfpr.fm.

And, thank you for watching.

Copyright, 2019, FCCA, Inc. & the author. All rights reserved.

Our Community Access
FranklinTV

SAFE Coalition

Help for Addiction

By Pete Fasciano, Executive Director 05/05/2019



The scourge of opioid addiction is an ongoing national crisis. Locally, real help is available through the SAFE coalition. Franklin•TV, and wfpr•fm, along with Dr. Anne K. Bergen and Jim Derick (Right) promote the coalition's message.

Substance abuse disorder impacts the victim's family members and friends as well. The SAFE Coalition offers support, education, treatment options and coping mechanisms, empowering the affected and their families, with tools necessary to succeed on their journey to recovery.

They understand that while I can't, we can.

Learn more. Visit: www.safecoalitionma.org/

And - as always -

Thank you for listening to wfpr•fm.

And, thank you for watching.

Copyright, 2019, FCCA, Inc. & the author. All rights reserved.



Franklin•TV Annual Meeting, June 13th

by Pete Fasciano, Executive Director 05/12/2019

The time is approaching for our annual open board meeting. This year our meeting will be at our 23 Hutchinson St. studios on Thursday, June 13th at 7:00pm and is open to all Franklin businesses and residents. We'll meet-and-greet and enjoy refreshments starting at 6:30pm. You can tour our studios, meet our current board and staff, and learn about Franklin•TV and wfpr•fm. We'll also review our progress during the past year and discuss plans for the future.

At our open meeting you may cast a vote for new and/or renewing board positions. There will be a vote by all in attendance to extend term(s) of office for current board member(s). This year we will vote to extend John Milot's board position for an additional three years.

Excerpt from FCCA bylaws: (Available on our website.)

Section 15. Election of Director by the Membership (a) Members shall be notified by the Clerk of the election of a director by the Membership at the Annual Meeting. Said notice shall be in accordance with the notice provisions of Section 4 of this Article IV. (b) Any eligible voting Member may be nominated for election to the position of Director by: (i) Written notification to the Clerk no later than seven (7) days prior to Annual Meeting; or (ii) By nomination from the floor of the Annual Meeting made and seconded by no less than three (3) eligible voting members.

Our facility enables us to provide full production support for Franklin residents and groups who wish to create TV and radio programs. Thanks to our board members who contribute their time and energy to help make Franklin•TV all that a public access studio can be.

If you would like to become involved either as a volunteer or as a producer of your own TV or radio programming at Franklin•TV and wfpr•fm, just send an email to: info@franklin.tv with your contact information. You can also call us for more information. 508-541-4118.

Meet Our Current FCCA Board

Please join us at our Franklin•TV event. Again, starting at 6:30pm we'll have tours of our facility, some good eats, and you can meet our board. Our brief open meeting begins at 7:00pm. Come meet, greet, and learn all about local TV in Franklin.

And - thanks for watching!

Copyright, 2019, FCCA, Inc. & the author. All rights reserved.



Jeff

by Pete Fasciano, Executive Director 05/26/2019

If there is one TV program that is not to be missed, it's the 05/23 Thursday evening meeting of the Town Council. You can stream it on Franklin's website.

With his usual crisp, pointed eloquence, Jeff Nutting offered his official farewell.

For 18 years he has served us well and fully. There are no adequate superlatives to describe his dedication and make-it-happen approach to tackle any challenge.

I came to town in 2012 to manage FranklinTV. Our FTV president, Ken Norman drove me all around town. It didn't take long for me to realize that Franklin is by no means an ordinary place.

It's Jeff's fault. Blame him for infusing a can-do attitude that I found everywhere I went. Blame him for leading and inspiring by example. Blame him for the amazing daily work of Franklin's town staff. Blame Jeff - for all the progress and all the amazing accomplishments that make Franklin the vibrant community that it is.

He also made certain to leave his beloved town in good hands. He mentored Jamie Hellen as an able successor, passing on his indomitable Jeff-ness.

Ladies and Gentlemen, Jeff has left the building.

Ladies and Gentlemen, Jamie is in the building.

And - thanks for watching!

Copyright, 2019, FCCA, Inc. & the author. All rights reserved.



New Radio Programming

The Students Speak

by Pete Fasciano, Executive Director 06/02/2019

This week we introduce a new radio program on wfpr.fm. Under the guidance of Franklin High teachers Sara Saleem and Katherine Kellett, their students have produced a series of podcasts on Race in America. Their observations are based on the groundbreaking 1970 best-selling novel, *The Bluest Eye*, by Toni Morrison.

Check it out on Amazon.

Pecola Breedlove, a young black girl, prays every day for beauty. Mocked by other children for the dark skin, curly hair, and brown eyes that set her apart, she yearns for normalcy, for the blond hair and blue eyes that she believes will allow her to finally fit in. Yet, as her dream grows more fervent, her life slowly starts to disintegrate in the face of adversity and strife. A powerful examination of our obsession with beauty and conformity, Toni Morrison's virtuosic first novel asks powerful questions about race, class, and gender with the subtlety and grace that have always characterized her writing.

Listen for it every Wednesday, at 9a, Noon, and 6p, all through this Summer as each thirty minute episode offers up a unique selection of student observations on Race based on Morrison's work.

Then on Thursdays we switch it up from the Bluest Eye to the Bluest music.

Jim Derick brings you the best in Blues at 9a, Noon, and 6p every week.

And - as always -

Thank you for listening to wfpr.fm.

And, thank you for watching.

Copyright, 2019, FCCA, Inc. & the author. All rights reserved.

